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|  | **ARRIVAL DAY** |
|  | **Arrival:**7+5 Chequia – 01.10.2022 | 21h304+2 Lithuania – 02.10.2022 | 14h154+2 Poland – 02.10.2022 | 23h40**[Total: 15 alunos + 9 prof = 24 pax]** |  |  |
| **MONDAY****03.10.2022** | **from Tradition to innovation** |
| **8H30** | Transport to Aver-O-Mar School |  |  |
| **9h00** | Welcome session:* school Hymn by 5th/6th years students
* welcome speech by school’s headmaster - Mr. Carlos Sá
* partner coordinators presentation
* all group presentation: ice breaking game

Peddypaper to visit school facilities |  |   |
| **10h30** | Coffee Break  |  |  |
| **11h00** | Informative session:* brief presentation of the Portuguese school system
* Aver-O-Mar student’s parishes
* Póvoa de Varzim city facilities
* Our coastline: features, people’s occupations before and now
 |  | By Erasmus+ Club students  |
| **12h00** | Lunch in school canteen | St. 1,46€ Teacher 4,10€ |  |
| **13h00** | Transport to Póvoa de Varzim |  |  |
| **14h30****16h30** | * sailing experience in Póvoa de Varzim Marina
* solar vessel, SunSailer 7.0 boat trip

End of activities | No costs | Students will need to bring clothes to change after these activities because they might get wet.They can do the activity with shorts/tracksuit and t-shirt, depends on weather conditions. |

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| **TUESDAY****04.10.2020** | **FROM TRADITION TO INNOVATION**  |
| **8H30** | Transport to Matosinhos | (costs still to confirm) |  |
| **9h00** | * visit to CIIMAR
 |
| * visit to port of Leixões Cruise Terminal
 |
| **12h30** | Lunch  | 10€ (+-) |  |
| **15h00****16h30** | Town Hall Meeting with Vice President and Culture Councilor: Mr. Luís DiamantinoGuided walking tour to Póvoa de Varzim’s main cultural sites Visit to a local jewelry to observe how Portuguese filigree is handmade |  |  |

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| **WEDNESDAY****05.10.2022** | **FROM TRADITION TO INNOVATION**  |
| **8h30** | Metro trip to Porto | 7€/person/round way ticket | Still to confirm |
| **9h30****11h15** | Visit to Porto:* downtown walking
* S.Bento train Station, Porto Cathedral
* crossing Dom Luís I Bridge to Vila Nova de Gaia
* Down to river site by cable car
* Oporto Wine Cellars’ visit (Calém)
 | 2,5€/student + 5,4€ teacher7€/student + 10€/teacher | Visit + wine tasting for adults included; orange juice for minors |
| **12h30** | Lunch in Vila Nova de Gaia  |  10€ (+-) |  |
| **14h30** |  Sailing boat trip (50minutes) | +- 12€/person |  |
|  | Tram circuit along the historic centre of Porto and the garden of Passeio Alegre on a single path along the banks of the River Douro. (optional) | Cost included in metro ticket |  |
|  | Metro back to Póvoa de Varzim |  |  |

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| **THURSDAY****06.03.2022** | **FROM TRADITION TO INNOVATION**  |
| **8h30** | Transport to Vila do Conde  |  |  |
| **9H30** |  Canoeing and rowing in River Ave | No costs | Students will need to bring clothes to change after these activities because they might get wet.They can do the activity with shorts/tracksuit and t-shirt, depends on weather conditions. |
| **11h00** | Visit to **Sixteenth Century Carrack**, a replica of a Portuguese ship from the early 1500s for North Atlantic routes and The **Royal Customs** building – Museum of Naval Construction | No costs |  |
| **12h30** | Lunch in local restaurant | +-10€/person |  |
| **14h30** | Visit to “Museu dos Bilros”Free afternoon |  |  |

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| **FRIDAY****07.10.2022** | **FROM TRADITION TO INNOVATION**  |
| **8h30** | Transport to Aver-O-Mar school |  |  |
| **9h30** | LTT in Portugal:* my Erasmus+ experience collage
* the pilgrim diary
* certificate ceremony

Farewell |  |  |
| **13h00** | Lunch in school  | St. 1,46€ Teacher 4,10€ | special dessert in school library |
| **14h30** | Transport to Póvoa de VarzimFree afternoon |  |  |
| **20h00** | Farewell dinner  | 20€-25€/person |  |